



SEPTEMBER 2018

BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
3 Labor Day NO SCHOOL	4 Whole Grain Cinnamon Roll Fresh Banana Fruit Juice Milk	5 Mini Waffles w/Syrup Pear Halves Fruit Juice Milk	6 Breakfast Pizza Peach Slices Fruit Juice Milk	7 Whole Grain Muffin Rosy Applesauce Fruit Juice Milk	8	9
10 Whole Grain Cereal String Cheese Fresh Orange Fruit Juice Milk	11 Pancake on a Stick Fresh Strawberries Fruit Juice Milk	12 Kansas Granola Bar Apricot Halves Fruit Juice Milk	13 Chicken Biscuit Breakfast Sandwich Fresh Mixed Fruit Cup Fruit Juice Milk	14 Biscuit & Gravy Fresh Oranges Fruit Juice Milk	15	16 
17 French Toast Sticks w/Syrup Fresh Grapes Fruit Juice Milk	18 Oatmeal Breakfast Round Yogurt Cup Strawberries & Bananas Fruit Juice Milk	19 Whole Wheat Bagel w/Toppings Fresh Apple Fruit Juice Milk	20 Quick Blueberry Bubble Bread Mandarin Oranges Fruit Juice Milk	21 Breakfast Pizza Sliced Peaches Fruit Juice Milk	22	23
24 Whole Grain Cereal String Cheese Fresh Orange Fruit Juice Milk	25 Biscuit & Gravy Fresh Banana Fruit Juice Milk	26 Pancake on a Stick Fruit Cocktail Fruit Juice Milk	27 Sausage Breakfast Sandwich Pineapple Chunks Fruit Juice Milk	28 Whole Grain Muffin Tropical Fruit Fruit Juice Milk	29	30 
This institution is an equal opportunity provider.		<p>NOTES: Watermelon Salad: 6 Cups of Baby Spinach, 2 Cups of Seedless Watermelon Chunks, 1 Cub Dived Feta Cheese, 1/2 Cup Low-fat balsamic Vinaigrette, In a large bowl, combine spinach (or other leafy green), watermelon and feta. Toss lightly with dressing. Serves 4.</p>				